

## Recreational

Boasting 1000 hectares, Bottle Lake Forest is home to a variety of trails to suit all ages and fitness levels.

### Walking

- **Blue Track:** This 11 km walk meanders through pine forest and sand dunes. Allow 2 hours. An alternative track diverges near the entrance for coastal scenery.
- **Green Track:** This 3 km walk is perfect for a short forest stroll. Allow 45 minutes.
- **Southern Pegasus Bay Walkway:** This 14 km track runs from Southshore Spit to Spencer Park. Create your own walk or challenge yourself. Allow 2.5 hours for the full track.
- There is a network of signposted roads that can be used to create short cuts and design your own walks.

### Mountain Biking

- This loop ride is suitable for the whole family, choose between a 10 km, 13 km or 16 km ride. The track is mostly flat and well sign posted but the sand hills do provide some challenge.

### Horse Trekking

- There are dedicated and marked horse trekking trails throughout the forest.

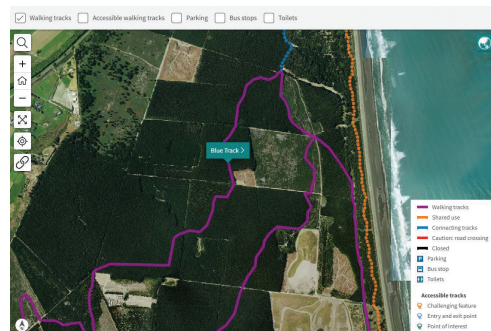


Tracks are marked by coloured blades

## Online maps

For a detailed look at the walking tracks in Bottle Lake Forest and other Christchurch parks, use the online interactive walking track map at [ccc.govt.nz/walking-track-map](http://ccc.govt.nz/walking-track-map)

Mountain bike information can be found at [ccc.govt.nz/find-a-ride](http://ccc.govt.nz/find-a-ride)



## Production Forest

Bottle Lake is a working forest, and tracks can be closed at any time due to logging operations.

- Closed areas are clearly sign posted and marked.
- For your own safety please obey these temporary restrictions.
- Heavy vehicles are using forest roads, seven days per week, visitors should exercise extra caution at all times.

## Fire Danger

Fire is a constant threat to this forest. The lighting of fires is forbidden. If you see smoke or fire please phone 111 immediately.

## Dogs

Dogs must be under effective control.

## Prohibited

Motorised bikes (except pedal assist) and unauthorised vehicles are prohibited in the forest at all times.

## Further Information

For further information on this or any other Christchurch park:

Tel: 03 941 8999  
Email: [parksinfo@ccc.govt.nz](mailto:parksinfo@ccc.govt.nz)  
Website: [ccc.govt.nz/bottle-lake-forest-park](http://ccc.govt.nz/bottle-lake-forest-park)

Environmental education programmes at Bottle Lake Forest are available for schools. Contact the Learning Through Action team at [LTA@ccc.govt.nz](mailto:LTA@ccc.govt.nz).

Please note: map correct as of November 2022



Christchurch  
City Council

# Bottle Lake Forest Park



November 2022 CUB5740

Christchurch  
City Council

